

WEEK 3

WEEK STARTING:

November 18

December 9

January 13

February 3

March 2

March 23

Daily selection of alternative desserts;
Banana, apple, orange, yoghurt, fruit pot, cheese and biscuits or fruit juice



TUESDAY

CHOOSE FROM

Chicken Korma with brown and white rice and Naan style bread

- ✓ Quorn nuggets, roast potatoes and gravy

VEGETABLE OF THE DAY

Served with cauliflower, carrots and green beans

TO FINISH

Winter apple crumble slice

THURSDAY

CHOOSE FROM

• Roast chicken, roast potatoes and gravy

- ✓ Roasted vegetable pasta bake with garlic bread finger

VEGETABLE OF THE DAY

Served with green beans or carrots

TO FINISH

Shortbread

MONDAY

CHOOSE FROM

Pork sausages with mashed potato
Vegetable burrito

✓ VEGETABLE OF THE DAY

Served with baked beans

TO FINISH

Oaty Cookie

WEDNESDAY

CHOOSE FROM

• Bubble salmon with potato wedges

- ✓ Margherita pizza with potato wedges

VEGETABLE OF THE DAY

Served with garden peas and sweetcorn

TO FINISH

Carrot cake

FRIDAY

CHOOSE FROM

Baked fish fingers with tomato sauce

- ✓ Mexican bean pasty with tomato sauce

VEGETABLE OF THE DAY

Served with chips and garden peas

TO FINISH

Ice cream or fruit smoothie

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YOUR SCHOOL MENU

TASTE TESTED BY KIDS



"My child has been a fussy eater. When she first started school, I said she had to try everything on the menu at least once. She surprised herself and found new meals that she liked." - FACEBOOK PARENT 2019



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Hampshire
County Council

WEEK 1

WEEK STARTING :

November 4
November 25
December 16
January 20
February 10
March 9
March 30



TUESDAY

CHOOSE FROM

Pork grill

✓ Vegetable goujons

VEGETABLE OF THE DAY

Served with roast potatoes, cauliflower, green beans, carrots and gravy

TO FINISH

Apple and blackberry muffin

MONDAY

CHOOSE FROM

• BBQ chicken in a wrap with brown and white rice

✓ Macaroni cheese with garlic bread finger

VEGETABLE OF THE DAY

Served with green beans or sweetcorn

TO FINISH

Lemon crunch biscuit

WEDNESDAY

CHOOSE FROM

Beef Bolognaise with pasta and garlic bread finger

✓ Margherita pizza with potato wedges

VEGETABLE OF THE DAY

Served with garden peas

TO FINISH

Mini biscuit and fresh fruit wedge

THURSDAY

CHOOSE FROM

• Roast chicken

✓ Vegetarian sausages

VEGETABLE OF THE DAY

Served with roast potatoes, seasonal swede and carrot and gravy

TO FINISH

A choice of cold desserts

FRIDAY

CHOOSE FROM

Baked fish fingers with tomato sauce

✓ Curried vegetable puff

VEGETABLE OF THE DAY

Served with chips, baked beans or garden peas

TO FINISH

Cheddar cheese and crackers

WEEK 2

WEEK STARTING :

November 11
December 2
January 6
January 27
February 24
March 16



MONDAY

CHOOSE FROM

Chicken grill in a bap

✓ Tomato pasta with garlic bread finger

VEGETABLE OF THE DAY

Served with garden peas

TO FINISH

Ice cream or fruit smoothie

TUESDAY

CHOOSE FROM

Roast beef and Yorkshire pudding

✓ Vegetarian sausage puff

VEGETABLE OF THE DAY

Served with roast potatoes, gravy and vegetable medley

TO FINISH

Tutti fruity sponge

WEDNESDAY

CHOOSE FROM

✓ Quorn burger with mashed potatoes

✓ Margherita pizza with potato wedges

VEGETABLE OF THE DAY

Served with baked beans or garden peas

TO FINISH

A choice of cold desserts

THURSDAY

CHOOSE FROM

• Roast chicken, roast potatoes and gravy

✓ Cauliflower cheese with tomato bread

VEGETABLE OF THE DAY

Served with carrots and broccoli

TO FINISH

Fruity flapjack

FRIDAY

CHOOSE FROM

Baked battered fish, chips and tomato sauce

✓ Sweet potato and lentil curry with brown and white rice and Naan style bread

VEGETABLE OF THE DAY

Served with garden peas or sweetcorn

TO FINISH

Chocolate brownie